



WORD CURSES, VOWS AND JUDGMENTS WORKSHEET

Name: _____ Date: _____

DEFINITIONS:

WORD CURSES: are any negative words spoken with authority by a person and received by the person being spoken to, causing that person to think/feel negatively about himself, thereby empowering him to fail. Word curses can also be spoken by the person about himself.

VOWS: are strong statements made by an individual which express a determination to do or not to do, to be or not to be, something in particular.

JUDGMENTS: Judgments are negative opinions, conclusions, and inferences about another person's character, attitude, speech, or behavior.

Ask the Holy Spirit to bring back to your remembrance any word curse, vow and/or judgment spoken by others to you, from you to yourself, or from you to others – particularly ones relating to the reason(s) you are seeking ministry. Please write them below:

CURSES, VOWS, JUDGMENTS SPOKEN BY OTHERS TOWARD ME

- Example of curse: My mother said, "You're a hopeless failure."
- Example of vow: My father said, "If you fail again so help me I will disown you!"
- Example of judgment: My boss said, "You should lose your job because you're so dumb."

1. _____ said _____
2. _____ said _____
3. _____ said _____
4. _____ said _____
5. _____ said _____
6. _____ said _____
7. _____ said _____
8. _____ said _____
9. _____ said _____
10. _____ said _____

(continued on back)

CURSES, VOWS, JUDGMENTS I HAVE SPOKEN (OR THOUGHT) ABOUT MYSELF

- Example of curse: "I am so stupid."
- Example of vow: "I will never forgive myself for doing that."
- Example of judgment: "I deserve to be treated bad."

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

CURSES, VOWS, JUDGMENTS I HAVE SPOKEN (OR THOUGHT) TOWARDS OTHERS

- Example of curse: "I hope my pastor fails."
- Example of vow: "I will never help anyone again."
- Example of judgment: "Churches are not a safe place."

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

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10. _____